

Argentine Tango Workshop with Andrea Monti & Gato Valdez

Friday, September 19th

5:30 – 7:00 pm Tango (class) at SLO Odd Fellows' Hall

Dance with style and musicality: different possibilities when walking for parallel and cross systems; double time steps in the walk. Resources for good navigation. Easy sequence for the social dance. Combinations. Close and open embrace. 520 Dana Street in Downtown SLO.

7:30 – 9:30 pm Milonga (social dancing) at Higher Groundz

Continue the evening with great food, drink, tango music, and most of all *dancing*. They will do a demo or two for your enjoyment. No cover for this event at the **Higher Groundz** Family Coffee House, 3230 Broad St., Suite 130, San Luis Obispo (Broad & Orcutt).

Saturday, September 20th, 5-Cities Dance Pavilion

3:00 – 4:30 pm Technique for Leaders and Followers

Working on balance, posture, changes of weight, transfer of axis, pivots. Walking using different beats of the music; leading and following techniques for ochos, extra rotation for molinetes. Frame and connection for good turns. Coordination. Voleos.

4:30 – 6:00 pm Tango

Turns with 'entradas' and stops. Technique of the 'barrida'; barridas from different positions: application of the "barrida" in the turn. Coordination and musicality. Line of dance.

Sunday, September 21st, Dance Pavilion

3:00 – 4:30 pm Ladies' Technique & Embellishments

Getting more balance and body control. Pivots, and upper body rotation. Upside-down ochos (for extra pivot and rotation). Syncopation in the molinete. Double voleos. Embellishments for pauses. Stops and embellishments in motion (for walks and ochos).

4:30 – 6:00 pm Tango

Alterations, fluidity and musicality. Turns with 'enrosques' and 'planeos'. Counter turns. Combinations with "sacadas" and ganchos. Application of embellishments for pauses (for women) and embellishments in motion (for men and women).

Monday, September 22nd at SLO Veterans' Hall, 801 Grand Ave.

7:00 – 8:30 pm Vals

Rhythm and musicality for vals. Figuras from cross system. Turns with syncopation for vals; double time in the turn. Turns with sacadas and voleos. Specific sequences and combinations.



Sat & Sun at Five Cities Dance Pavilion in AG:

1200 E Grand Ave., Arroyo Grande. From Hwy 101 (north or south), exit on Grand Ave. Go west on Grand, it will be on the right side at Brisco St. If you get to Jack-in-the-Box at Elm St., you've gone a block too far.

The last 15 minutes of each class will be for practice and/or warm-up for next class. Please try to arrive early so you don't miss anything.

Cost: \$30 per person per class, 2 classes \$55, 3 for \$80, 4 or more \$25 each. One hour **private classes** are also available, for \$100 per hour with both teachers, contact Rich to schedule.

Andrea & Gato's web site: www.GatoTango.com

For more info: see www.sloTango.org

or call Rich, (805) 783-0569

